

## COMPARISON OF MEAL REPLACEMENT SHAKES – RETAIL PRICE

	<b>SiseLEAN</b> Vanilla/Chocolate	Shakeology	Bodi by VI	Monavie	Isagenix	Advocare	Arbonne	Herbalife	doTERRA	Plexus
\$\$ per serving	\$2.48	\$4.33	\$1.52	\$3.36	\$3.64	\$3.21	\$2.33	\$2.66	\$2.63	\$2.74
Protein Type	Proprietary Micellar Whey & Casein	Whey	Soy& Whey	Whey	Whey & Casein	Whey Blend	Inner G-Plex & Pea Protein	Soy	Whey & Egg White	Soy & Whey
Sugar	<1g	7g	<1g	7g	11g	12g	9g	3g	0g	0g
Calories	85/100	130	90	190	240	210	160	200	145	100
Carbohydrates	8g/9g	14g	7g	17g	24	24g	20g	20g	16g	15g
Fiber	6g/4g	7g	5g	12g	8g	6g	1g	0g	5g	NONE
Protein	12g	16g	12g	18g	24g	24g	20g	20g	16g	15g
Sodium	35mg/84mg	200mg	75mg	180mg	240mg	80mg	360mg	420mg	36mg	30mg
Fat	0g	2g	1g	4g	5g	2g	3g	3g	3g	1g
Saturated Fat	NONE	NONE	NONE	1.5g	1.5g	1g	NONE	0.5g	NONE	0.5g
Cholesterol	22mg/25mg	5mg	15mg	40mg	45mg	60mg	NONE	NONE	NONE	30mg
Trace Minerals	50+	23	<5	<20	<10	<20	<20	21	18	20+
Allergens	NONE	Milk,Egg, Soy, Tree Nuts, Wheat	Milk, Egg, Soy, Wheat, Shellfish, Nuts, Fish Oil	Milk, Egg, Soy	Milk, Egg, Soy, Honey	Milk, Egg, Soy, Wheat, Tree Nuts	Milk, Egg, Soy, Wheat, Tree Nuts	Milk, Egg, Beef, Peanuts	??	Milk, Soy

Sisel Live Event \$2.20  
Preferred Customer