



Fire N Ice TE' is Dr. Ann de Weese Allen® Thermogenic Fat Burning Tea. This exclusive and patented formula contains all natural ingredients to help your body burn fat fast. Through a blend of energy giving B vitamins, potassium, buffered caffeine and green tea compounds, Fire N Ice TE' puts your body in full fat burning overdrive! The Te' contains a patented fruit sweetener made with organic pomegranate fruit, a proprietary (non-caloric) thermogenic agent, and Anti-carbohydrate® compound clinically tested for over 20 years.

TE' BENEFITS

- Switch from Fat Storing to Fat Burning
- Patented Hunger Control
- Low Glycemic Balanced Energy
- Thermogenic Fat Burning
- Buffered Caffeine
- Combats Stress-Related Eating

DIRECTIONS:

For maximum fat loss drink 3 times per day between meals as follows?

Drink 1 serving upon waking and wait 1 hour before eating or exercising.
 Drink 1 serving between breakfast and lunch.
 Drink 1 serving between lunch and dinner.

GUIDELINES:

Do not take with food or other drinks, wait 1 hour before eating or exercising.
 Do not mix Fire N Ice TE' with any beverage other than water.

Example for non-exerciser:

7am	8am	10:30am	12pm	3pm	4pm	6pm
TE'	Breakfast	TE'	Lunch	TE'	Low Glycemic Snack	Dinner

Example for exerciser:

6am	7am	8am	10am	12pm	2pm	4pm	6pm
TE'	Workout	Breakfast	TE'	Lunch	TE'	Low Glycemic Snack	Dinner